**Rediscover Your** Mojo at Work

Presented by Career Coach, Tom Lillyman

\$30/webinar and \$250 for the series (30% discount)

Thursday 18 January 2024 12pm-12.45pm

Feedback Strategies: How to Give and **Receive Feedback** Upwardly



Presented by Performance Coach, Kathy Bain

\$30/webinar and \$250 for the series (30% discount)

Thursday 19 September 2024 12pm-12.45pm



Navigating Change:

Adapting to New

**Management** and

Policies

Presented by Organisational Psychologist, Emily Douglass

\$30/webinar and \$250 for the series (30% discount)

Thursday 14 March 2024 12pm-12.45pm

**Conflict Resolution:** 

**Managing Upward** 

Disagreements

Professionally

Presented by Psychologist,

\$30/webinar and \$250 for

the series (30% discount)

Thursday 10 October 2024

Dr Alice Shire

12pm-12.45pm

**Balancing Act: Mastering Stress Management and** Overwhelm in the Workplace



Presented by Author & Mind Trainer, Julie Robinson

\$30/webinar and \$250 for the series (30% discount)

Thursday 18 April 2024 12pm-12.45pm

> Innovative Problem-Solving: Enhancing Your Value in the



HR Coach, Tony Perkins

\$30/webinar and \$250 for the series (30% discount)

12pm-12.45pm

Presented by Scientist, Professor Mary Bebawy

\$30/webinar and \$250 for the series (30% discount)

Thursday 5 December 2024 12pm-12:45pm

Understanding the

Dark Triad:

Narcissism,

Machiavellianism

and Psychopathy

Presented by Organisational

Psychologist, Emily Douglass

\$30/webinar and \$250 for

the series (30% discount)

Command the Room:

**Public Speaking for** 

the Workplace

Thursday 9 May 2024

12pm-12.45pm

**Empathy and** Leadership: **Understanding Your** Manager's Perspective



Presented by Organisational Psychologist, Emily Douglass

\$30/webinar and \$250 for the series (30% discount)

Thursday 13 June 2024 12pm-12.45pm

**The Art of Effective Communication: Building Strong Relationships with** Upper Management



\$30/webinar and \$250 for

the series (30% discount)

Thursday 11 July 2024

12pm-12.45pm

Coach, Kathy Bain

Developing a Growth **Mindset: Strategies** for Upward Mobility



Presented by Organisational Psychologist, Emily Douglass

\$30/webinar and \$250 for the series (30% discount)

Thursday 1 August 2024 12pm-12.45pm

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Thursday 14 November 2024