

MENTAL HEALTH FIRST AID FREQUENTLY ASKED QUESTIONS

When and where will the workshop be held?

The workshop will run over two full days with small breaks as well as lunch. Please refer to the workshop details on this page for specific times and venues.

How to I book?

Please book online. Once your booking comes through you will receive confirmation details via email.

I haven't received a tax invoice after booking?

If you don't receive a tax invoice after making your booking, please check your junk mail. If it is not in your junk mail, please email enquiries@mitraining.edu.au.

Is there any pre-work for the workshop?

You are not required to complete any work prior to the face-to-face workshop session.

If you are booked into our online blended course, you will be required to complete your eLearning modules prior to your first workshop.

What should I bring to the workshop?

Please bring a notepad and pen. Lunch is not provided so please either bring your own lunch or you will need to purchase lunch nearby.

Can I cancel or transfer my registration if I am unable to attend?

If you are unable to attend, please provide MiTraining notice in writing to support@mitraining.edu.au.

You can transfer your registration to a future session or to another person.

Please refer to the [Terms and Conditions](#) for cancellation, transfer, and refund terms.

Will a certificate be issued on completion of the workshop?

At the completion of the two-day workshop you will be issued with a short assessment. Upon successful completion of this assessment, you will receive a Mental Health First Aid Certificate and you may use the title of accredited **Mental Health First Aider™**.

How can I stay updated about future workshops and events?

You will be opted into our subscriber list and will be kept informed about upcoming MiTraining workshops and events through our regular emails. To opt out of this list, please unsubscribe from the next email that you receive.

You can also follow MiTraining on [Facebook](#) and [LinkedIn](#).